



**FORT WAYNE
PARKS AND
RECREATION**

Community Center

233 West Main Street (260) 427-6460
Fort Wayne, In 46802

February 2021
Mon-Fri 8:00 A.M. - 4:30 P.M.
www.fortwayneparks.org

Monday Luncheons

Bring a friend or two and join us for our Monday luncheons. We will be social distancing and requiring masks until lunch is served at 11:30 a.m. We are also offering the lunch boxed so that it can be picked up and enjoyed at home.

Paid reservations of \$4.00 (non-refundable) are required by 4:00 p.m. the previous Wednesday. Ages 50+. Min. 15.

Monday, February 15
"February Fun Facts"
Supporting Sponsor:
Heritage Park

Monday, March 15
"St. Patrick's Party"
Supporting Sponsor:
Canterbury Health and Rehabilitation

Monday, April 19, 11:30 a.m.
"Spring Fever"
Supporting Sponsor:
Coventry Meadows



Volunteers Needed

We have 4 hours shifts available at our Information Desk. If you interested, please call Mary at 427-6461. Senior Games will be here soon too! We always can use volunteers for that! Have fun and feel good volunteering!

New in March!

Circuit Training for Beginners

Mondays & Wednesdays, 9:30-10:15 a.m.
March 1-April 14

Circuit Training is a workout program where you rotate through a variety of exercises (usually 5-10) with little time in between. This class is suitable for healthy active adults and can be adapted depending on the fitness level of individual participants. You can attend this program at any time. Instructor: Kim Labenberg. Drop-in fee: \$1/class.

FREE SEMINARS

<u>Healthy Living for Your Brain & Body: Tips from the Latest Research</u>	February 1 3:30 - 5:00 pm
<u>Strategies to Help Your Money in Retirement</u>	February 16 6:00 - 7:00 pm
<u>The Importance of Sanitation</u>	February 17 1:30 - 2:30 pm
<u>Medicare/Medigap</u>	February 17 10:00 - 11:30 am
<u>Greet & Eat</u>	February 23 10:00 am
<u>Everything You Ever Wanted To Know about Wills, Trusts And Power of Attorney</u>	February 24 1:00 - 2:30 pm
<u>Joint Screening & Fall Risk</u>	February 25 10:00 - 11:00 am

Call 427-6460 at least one week in advance to sign up.

INCLEMENT WEATHER NEWS

If Fort Wayne Community Schools close due to inclement weather, all Fort Wayne Parks and Recreation daytime classes will also be cancelled. If the Mayor declares a snow emergency, all Parks and Recreation facilities and programs will also be closed or canceled. Weather related cancellations will be posted on Facebook.